

# THE TRUTH About Dog Food

Find out how many unnecessary carbs are in YOUR dog's food!

# Here's the truth...

We shouldn't have to make this guide. ALL dog food should be labeled clearly - so you know EXACTLY what's in the food. But unfortunately, we live in a world where dog food companies do everything they can to hide one thing: carbs.

Have you ever wondered why your dog food doesn't have a standard nutrition facts panel? The answer is sad but simple...

Carbs are cheap and easy to manufacture with. And even though feeding a high-carb diet **damages the health and lifespan of your dog** - companies intentionally hide carb content to maximize profits.

Even supposedly healthy options like "grain-free" or "limited ingredient" diets are massively high in damaging carbohydrates. But the way dog food is labeled - it's nearly IMPOSSIBLE to determine if a food has a high amount of damaging carbs.

That's why we made this helpful guide: "The TRUTH About Dog Food"

Read on to learn **the truth** about how many excess carbs are in your dog's food and make the most informed decision about what to feed your dog!

Best,

Patrick



P.S. If you don't see your dog's food in this guide, please DM me or email pwardell@visionarypet.com and I'll be happy to add it to the list :)

DOG FOOD BRAND	NET CARBS (per 100g Serving)
VISIONARY PET FOODS	<1 gram
ACANA - CHICKEN RECIPE	40 grams
ADVANCED PET - CHICKEN & RICE	48 grams
ALPO - BEEF RECIPE	<b>62</b> grams
COMPARE TO: DONUT	51 grams
AMERICAN JOURNEY - GRAIN FREE	41 grams
AMERICAN NATURAL - GRAIN FREE	44 grams
ANCESTRY - DUCK RECIPE	44 grams
APEX - CHICKEN & RICE	43 grams
AUTHORITY - GRAIN FREE	37 grams
AVODERM - GRAIN FREE	45 grams
BENEFUL - SELECT 10	<b>50</b> grams
COMPARE TO: STEAK 🬔	0 grams
BIG RED - DRY DOG FOOD	54 grams
LIBERTY DOG FOOD - GAME RECIPE	43 grams
<b>BIXBI RAWBBLE - TURKEY RECIPE</b>	<b>39</b> grams
BLACK GOLD - GRAIN FREE	41 grams
BLACKWOOD - GRAIN FREE	<b>49</b> grams
BLUE BUFFALO - GRAIN FREE	51 grams
<b>BLUE BUFFALO - CHICKEN &amp; RICE</b>	50 grams
COMPARE TO: COOKIE	51 grams
BLUE BUFFALO - WILDERNESS	<b>41</b> grams
BLUE SEAL - NATURAL 26	49 grams
<b>BRANDON FARMS - PORK &amp; BARLEY</b>	50 grams

#### DOG FOOD BRAND NET CARBS (per 100g Serving) **X VISIONARY PET FOODS** <1 gram 45 grams **BY NATURE - ACTIVE DEFENSE** 46 grams **BY NATURE - ORGANIC CHICKEN CALIFORNIA NATURAL - GRAIN FREE** 57 grams COMPARE TO: 80/20 BEEF 0 grams **CANIDAE - ALL LIFE STAGES** 52 grams 36 grams **CANIDAE - GRAIN FREE CANINE NATURALS - LAMB & POTATO** 49 grams 47 grams **CANINE NATURALS - GRAIN FREE** 48 grams **CASTOR AND POLLUX - ULTRAMIX** 30 grams **CASTOR AND POLLUX - GRAIN FREE** 48 grams **CESAR - FILET MIGNON** 66 grams COMPARE TO: TWINKIES 45 grams COSTCO DRY DOG FOOD **COUNTRY VET - PREMIUM** 43 grams **CRAVE - WHITE FISH & SALMON** 35 grams 53 grams **DAVE'S DOG FOOD - CHICKEN RECIPE** 48 grams **DIAMOND NATURALS - BEEF RECIPE** 52 grams **DOGSWELL - HAPPY HIPS** 41 grams **DR GARY'S - GRAIN FREE** COMPARE TO: PIZZA 🙏 51 grams 49 grams **DR HARVEY'S - GRAIN FREE BEEF** 51 grams EAGLE PACK - DRY DOG FOOD 36 grams **EARTHBORN - GRAIN FREE**

## You wouldn't feed this...



51g Net Carbs (Per Donut)

## So why feed this?



51g Net Carbs (Per Serving)

#### DOG FOOD BRAND NET CARBS (per 100g Serving) R **VISIONARY PET FOODS** <1 gram 53 grams **EARTHBORN - DRY DOG FOOD** 46 grams **EUKANUBA - CHICKEN RECIPE** 37 grams EUKANUBA PREMIUM PERFORMANCE 39 grams COMPARE TO: POTATO CHIPS CHIPS 46 grams **EVANGER'S - CHICKEN AND RICE** 38 grams **EVANGER'S - GRAIN FREE** 57 grams EVERPET COMPLETE NUTRITION 21 grams EVO DRY DOG FOOD 48 grams **EVOLVE - GRAIN FREE** 39 grams **FARMINA - GRAIN FREE CHICKEN** 35 grams FARMINA - N&D PRIME 0 grams COMPARE TO: EGGS 51 grams **FIRSTMATE - GRAIN FREE FRESH IS BEST - CHICKEN RECIPE** 20 grams **FRESHPET - VITAL BALANCED** 37 grams 16 grams **FRESHPET - GRAIN FREE** FROMM - CLASSIC ADULT RECIPE 50 grams 53 grams **FROMM - WEIGHT MANAGEMENT** 48 grams FROMM- HEARTLAND GOLD 51 grams COMPARE TO: MUFFIN 59 grams FULL BALANCE - MAINTENANCE DIET 36 grams **GO! - GRAIN FREE RECIPE** 52 grams **GO! - LIMITED INGREDIENT RECIPE**

#### DOG FOOD BRAND NET CARBS (per 100g Serving) J. **VISIONARY PET FOODS** <1 gram 50 grams **GRANDMA MAE'S DOG FOOD GRAVY TRAIN DRY DOG FOOD** 64 grams 44 grams **GREAT LIFE DRY DOG FOOD** COMPARE TO: 80/20 BEEF 0 grams 58 grams **GREAT CHOICE DRY DOG FOOD 48** grams H-E-B DRY DOG FOOD 48 grams HALO - HOLISTIC CHICKEN RECIPE 48 grams HALO - GRAIN FREE RECIPE 38 grams HANK'S DOG FOOD HAPPY PAWS - LAMB RECIPE 50 grams 34 grams **HEALTH EXTENSION - DRY DOG FOOD** 47 grams COMPARE TO: COOKIE 48 grams **HEALTH EXTENSION - GRAIN FREE** 46 grams **HI-STANDARD - GRAIN FREE** HILLS HEALTHY ADVANTAGE 52 grams 48 grams HILL'S IDEAL BALANCE - GRAIN FREE 57 grams HILL'S PRESCRIPTION DIET HILL'S SCIENCE DIET 51 grams 44 grams HOLISTIC SELECT - GRAIN FREE 53 grams COMPARE TO: FRENCH FRIES 47 grams HONEST KITCHEN - LIMITED INGREDIENT 41 grams **HONEST KITCHEN - GRAIN FREE** 46 grams HONEST KITCHEN - FOOD CLUSTERS

# Both of these have 51g net carbs...

## 51g Net Carbs



## Visionary Pet has just 1g net carb per serving...

## 1g Net Carb



DOG FOOD BRAND	NET CARBS (per 100g Serving)
VISIONARY PET FOODS	<1 gram
HORIZON COMPLETE	48 grams
HUBBARD LIFE MAINTENANCE	54 grams
HUNGRY HOUND DOG FOOD	67 grams
COMPARE TO: PIZZA 🔬	51 grams
I & LOVE & YOU - LOVINGLY SIMPLE	41 grams
I & LOVE & YOU - NAKED ESSENTIALS	41 grams
IAMS PREMIUM PROTECTION	49 grams
IAMS PROACTIVE	49 grams
IAMS VETERINARY FORMULA	<b>58</b> grams
INSTINCT - BE NATURAL CHICKEN	49 grams
INSTINCT - LIMITED INGREDIENT	41 grams
COMPARE TO: TWINKIE	66 grams
INSTINCT - RAW BOOST	29 grams
JACK'S PREMIUM DOG FOOD	<b>35</b> grams
KASIK'S DOG FOOD	51 grams
KIBBLES N' BITS - SAVORY BEEF RECIPE	59 grams
KIRKLAND DOG FOOD	50 grams
KRUSE'S CANINE ADVANTAGE	57 grams
LEONARD POWELL SIGNATURE SERIES	43 grams
COMPARE TO: STEAK 🥬	0 grams
LIFE'S ABUNDANCE	45 grams
LOTUS - GRAIN FREE	51 grams
LOYALL DOG FOOD	43 grams

#### DOG FOOD BRAND NET CARBS (per 100g Serving) R **VISIONARY PET FOODS** <1 gram 32 grams **MERRICK - GRAIN FREE MERRICK - LIMITED INGREDIENT DIET** 49 grams **MUENSTER - PERFECT BALANCE** 43 grams 39 grams COMPARE TO: POTATO CHIPS 🥯 46 grams NATURAL BALANCE - GENTLE BALANCE 59 grams NATURAL BALANCE - LIMITED INGREDIENT NATURAL BODY - WHOLE BODY HEALTH 45 grams 36 grams NATURE'S LOGIC - CHICKEN RECIPE 48 grams NATURE'S RECIPE - GRAIN FREE 38 grams NATURE'S SELECT - GRAIN FREE 55 grams **NEWMAN'S OWN - DRY DOG FOOD** COMPARE TO: 80/20 BEEF 0 grams 43 grams NOW FRESH DOG FOOD NULO FREESTYLE 41 grams NULO - LIMITED INGREDIENT DIET 40 grams 44 grams **NUTRISOURCE - CHICKEN & RICE** 52 grams **NUTRO - LIMITED INGREDIENT** 46 grams NUTRO - ULTRA DOG FOOD 48 grams NUTRO - NATURAL CHOICE COMPARE TO: MUFFIN 51 grams 57 grams **OL' ROY - COMPLETE NUTRITION** 20 grams **OLLIE - FROZEN DOG FOOD** 36 grams **ONLY NATURAL PET - DRY FOOD**

## You wouldn't feed this...



51g Net Carbs (Per Donut)

## So why feed this?



51g Net Carbs (Per Serving)

DOG FOOD BRAND	NET CARBS (per 100g Serving)
VISIONARY PET FOODS	<1 gram
ORIJEN - DRY DOG FOOD	28 grams
PAW TREE - DRY DOG FOOD	51 grams
PEDIGREE - ADULT DOG FOOD	57 grams
COMPARE TO: DONUT	55 grams
PET CHEF EXPRESS - LAMB & RICE	49 grams
PRO PAC - ADULT RECIPE	46 grams
PRONATURE ORIGINAL - ADULT	54 grams
PURE BALANCE - CHICKEN & RICE	45 grams
PURE BALANCE - GRAIN FREE	49 grams
PURE VITA - CHICKEN & RICE	50 grams
PURE VITA - GRAIN FREE	48 grams
COMPARE TO: EGGS	0 grams
PURINA - BEYOND SIMPLY	44 grams
PURINA - BEYOND SIMPLY GRAIN FREE	43 grams
PURINA - ONE SMARTBLEND	44 grams
PURINA - PRO PLAN ADULT	44 grams
RACHEL RAY NUTRISH	48 grams
RACHEL RAY - JUST 6	55 grams
RACHEL RAY - ZERO GRAIN	48 grams
COMPARE TO: FRENCH FRIES 🍟	53 grams
RAWZ - LIMITED INGREDIENT DIET	52 grams
REDFORD NATURALS - DRY DOG FOOD	49 grams
REGAL - DRY DOG FOOD	46 grams

DOG FOOD BRAND	NET CARBS (per 100g Serving)
VISIONARY PET FOODS	<1 gram
REGAL - ACTIVE BITES ADULT DIET	46 grams
RENEW GOLD BALANCE	43 grams
RIVER RUN - HI PRO	45 grams
COMPARE TO: 80/20 BEEF	0 grams
ROYAL CANIN - URBAN LIFE	53 grams
<b>ROYAL CANIN - HEALTH NUTRITION</b>	49 grams
ROYAL CANIN - VETERINARY DIET	51 grams
SATORI - DRY DOG FOOD	<b>36</b> grams
SHOWTIME - DRY DOG FOOD	<b>39</b> grams
SIMPLY NATURAL - GRAIN FREE	50 grams
SIMPLY NOURISH - CHICKEN & RICE	49 grams
COMPARE TO: CHICKEN MCNUGGETS	; 🦲 21 grams
SIMPLY NOURISH - GRAIN FREE	44 grams
SIMPLY NOURISH - LIMITED INGREDIEN	T <b>51</b> grams
MEMBER'S MARK	47 grams
SOJO'S - COMPLETE DOG FOOD	48 grams
SOLID GOLD - DRY DOG FOOD	57 grams
SOLID GOLD - GRAIN FREE	<b>39</b> grams
SOLIMO - ULTRA PREMIUM	50 grams
COMPARE TO: SPAGHETTI	77 grams
SPORT DOG - ELITE SERIES	41 grams
SPORTMIX - PREMIUM DOG FOOD	43 grams
SPORTMIX - GRAIN FREE	53 grams

# Both of these have 51g net carbs...

## 51g Net Carbs



## Visionary Pet has just 1g net carb per serving...

## 1g Net Carb



DOG FOOD BRAND	NET CARBS (per 100g Serving)
VISIONARY PET FOODS	<1 gram
SPOT AND TANGO - FRESH DOG	33 grams
SPOT FARMS - CHICKEN RECIPE	48 grams
STAR PRO - DRY DOG FOOD	49 grams
COMPARE TO: POTATO CHIPS 🌌	<b>39</b> grams
STELLA & CHEWY'S - RAW COATED KIBB	LE <b>42</b> grams
STELLA & CHEW'S - RAW BLEND KIBBLE	<b>35</b> grams
STRONGPOINT - NATURALLY PREMIUM	49 grams
SUPREME SOURCE - GRAIN FREE	51 grams
TASTE OF THE WILD - ANCIENT GRAINS	<b>36</b> grams
TASTE OF THE WILD - GRAIN FREE	43 grams
TASTE OF THE WILD - PREY	45 grams
COMPARE TO: STEAK	0 grams
TENDER AND TRUE - DOG FOOD	45 grams
THE FARMER'S DOG - FRESH FOOD	42 grams
TIKI DOG - ALOHA GRAIN FREE	44 grams
TLC WHOLE LIFE DOG FOOD	45 grams
TOPS HI PRO	51 grams
TOTAL CANINE - DRY DOG FOOD	44 grams
TRADER JOE'S - DRY DOG FOOD	53 grams
COMPARE TO: MUFFIN 🔶	51 grams
TRIUMPH - WILD SPIRIT DRY FOOD	47 grams
TRU DOG - FREEZE-DRIED	19 grams
TRUE ACRE - CHICKEN & VEGGIE	50 grams

DOG FOOD BRAND	NET CARBS (per 100g Serving)
VISIONARY PET FOODS	<1 gram
TUCKER'S - RAW FROZEN	21 grams
TUFFY'S - GOLDEN CHUNKS	57 grams
TUSCAN NATURAL - CARNE	<b>30</b> grams
COMPARE TO: DONUT 🕜	55 grams
TUSCAN NATURAL - SIMPLY PURE	56 grams
V DOG - KINDER KIBBLE	55 grams
VARIETY - DRY DOG FOOD	<b>58</b> grams
VERSUS - ADULT MAINTENANCE	57 grams
VICTOR - SELECT GRAIN FREE	38 grams
VITALIFE - NATURAL DIET	41 grams
WAG - DRY DOG FOOD (AMAZON)	<b>36</b> grams
COMPARE TO: COOKIE	47 grams
WEGMANS - NATURE DIET	48 grams
WELLNESS - COMPLETE	52 grams
WELLNESS - COMPLETE GRAIN FREE	50 grams
WELLNESS CORE	41 grams
WELLNESS - LIMITED INGREDIENT	49 grams
WHOLE EARTH FARMS	47 grams
WHOLE EARTH FARMS - GRAIN FREE	49 grams
COMPARE TO: FRENCH FRIES 🍟	53 grams
WYSONG - OPTIMAL ADULT	30 grams
ZIGANATURE - DRY DOG FOOD	42 grams
ZOE - DRY DOG FOOD	50 grams